

# Awakening the Heart, cultivating the Mind Care, Education, Ecology

International conference

**In-person and online**

November 22-26, 2021, Montpellier, France



*Paul-Valéry University, University of Montpellier, University of Paris  
Maison des Sciences de l'Homme, Montpellier France*



November 22-23, 2021 (presentations of students' works, in dialogue with researchers)

November 24-26, 2021 (presentations by researchers, teachers and trainers)

**Place:** Saint-Charles, University Paul-Valéry, 71, Rue du Professeur Henri Serre,  
Montpellier, France

**Informations:** [tepcare@gmail.com](mailto:tepcare@gmail.com)

<https://tepcare.hypotheses.org>

**Monday November 22**

Auditorium (Saint Charles 2)

2:00-2:30 PM **Conference Opening with the organizers of the conference:**

**Angela Biancofiore, Clément Barniaudy, Franck Zenasni, Cloé Brami**

2:30-4:30 PM **The emotions of the Earth : the Econarrative writing workshops, an international project on care, pandemic and resilience,**

presentations of students' works

2:30 Middle School students of Jacou (France) with **Annette Vernazobres**, French Teacher

2:45 Middle School students of Stockholm (Sweden) with **Marjorie Madéo**, French Teacher

3:00 **Rebecca Degregori**, Master Degree student in Italian studies, Université Paul-Valéry of Montpellier (France)

3:15 Master MEEF Faculty of Education, University of Montpellier (France)

3:30 Master degree Italian Studies students, University La Manouba of Tunis (Tunisia), with **Vittorio Valentino**, Assistant Professor in Italian Studies.

3:45 Students from the Faculty of Medicine UDD, Santiago, Chile

4:00 Students from the Faculty of Medicine, University of Paris

4:15 Students from the Faculty of Educational Science, University of Verona (Italy)

4:30-5:00 PM **Art and Science for children : presentation of the book « Mon amie Bergamote »** by **Jean Charles Walter** (researcher in biophysics, CNRS, Laboratoire Charles Coulomb, Université de Montpellier), **Camille Saulnier, Alexandra Jeillard**,

5:00 PM **Exhibit Hall Open 'La Fruitière : an outdoor education'** (Winter garden, Saint Charles 2) with the photographs of **Christophe Barniaudy**

6:00 PM **Concert with Nina Skopek, Benoît Jourdheuil and Manuel Bergon**

**Tuesday November 23**

Auditorium (Saint Charles 2)

9:30 Marie Gola (Teacher of Literature, Lycée Champollion, and Académie de Montpellier), "**Florilège des écrivains en herbe**": fostering students' creative writings

10:00-11:00 AM **Building a culture of peace: an intercultural and interspecies dialogue in education**, presentations of students' works

10:00 *Arts, Ecology and Cultural Heritage* (BA students in Italian Studies, Montpellier)

10:15 **Nitia Davis** (CRI, Paris), *Trauma-informed practices in Higher education*

10:30 **Paulina Juan Chong** et **Marine Dalle** (CRI, Paris), *The wellness club*

11:00 AM-12:30 PM **Learning and living in an interdependent World : listening to the voice of the 'pandemic generation'**, presentations of students' works

11:00 **Annie Hasserjan** (CRI, Paris), *On eco-anxiety*

11:15 **Mytam Mayo-Smith** (CRI, Paris), *Mental Health during pandemic*

11:30 **Soukhaina Tadilioui** (Master degree Italian Studies, Montpellier), *Social-emotional education in writing workshops*

11:45 **Vanessa Alaya** (Master degree Italian Studies, Montpellier), *Literature and ecology*

12:00 **Claire Thiébaud-Reid** (Master degree Italian Studies, Montpellier Canada), *The sacred in literature: reflections with the living world*

Break 12:30-2:00 PM

### **Keynote Q&A plenary session**

2:00–3:00 PM *Changing the way you think to change the way you are : taking care of the world*

**Luigina Mortari**, Professor in Educational Sciences, Verona University (Italy) (in italian, with french and english translation)

3:00–4:00 PM *Education, ecology and care*

**François Taddei**, co-founder and director of CRI, DR INSERM (in french with english translation)

4:00–4:30 PM break

4:30–5:30 PM *Compassion in education*

**Paloma Sainz**, Founder and director of 'All One project' (Saragossa, Spain) (in english with french translation)

**Wednesday November 24**  
**Auditorium (Saint Charles 2)**

8:30-9:00 AM *Registration*

9:00-9:30 AM **Conference opening** with **Agata Jackiewicz**, Vice-President in charge of ecological transition (University Paul-Valéry of Montpellier), **Aurélie Binot**, associate director of the MSH-SUD et the research teams directors **Fabrice Quero** (ReSO), **Frédéric Torterat** (LIRDEF) and **Franck Zenasni** (LaPEA CRI)

9:30-10:30 AM *Cultivating positive interdependence: taking care of ourselves, of others and the environment*

**Keynote Q&A** with **Rebecca Shankland**, Professor of developmental psychology, DIPHE, University of Lyon (in french with english translation)  
(Moderator : C. Barniaudy)

10:30-11:00 AM *Break*

11:00-12:30 AM **Panel : The relationship to oneself and to others in care : reflective approaches for education in Health training**

(in french with english translation)

*Moderators:*

- **Cloé Brami**, Oncologist, teacher and PhD student, CRI – University of Paris, LaPEA; associated researcher at ReSO, University Paul-Valéry, Montpellier
- **Marie-Aude Piot**, Child Psychiatrist, hospital practitioner, Institut Mutualiste Montsouris, University of Paris

*Speakers:*

- **Cécile Badoual**, Vice President of educational innovation, PU-PH Anatomopathologist, University hospital teacher, University of Paris APHP HEGP
- **Isabelle Galichon**, PhD in French Literature, associated researcher at TELEM University of Bordeaux, member of the Institute ‘Médecine Intégrative et Complémentaire’ (IMIC) of the Bordeaux Hospital
- **Béatrice Lognos**, Medical Doctor, University Senior Lecturer, University of Montpellier Medical School
- **Nazanin Moghbeli**, Cardiologist, Head of the intensive care unit at Einstein Medical Center, and painter in residence at Thomas Jefferson University, Philadelphia (USA)
- **Silvia Rossi**, PhD in Italian studies, researcher at APEMAC, University of Lorraine, France

12:30-2:00 PM Lunch Break

and 13h30 Nap time (20 minutes)

**Concurrent workshops**

2:00-3:00 PM

- **Workshop 1. Room 002-Kouros (online and in-person) : The experience of toddlers in times of pandemic, testimonies in pictures with the Premiers Cris Early Childhood Research Collaboratory** with **Lisa Jacquy**, PhD in Cognitive Sciences, CRI University of Paris and **Marion Voillot**, PhD student in Design, CRI University of Paris.

2:00-3:00 PM

- **Workshop 2. room 003-Caryatides (in-person): Development of professional projects for people who are far from employment: expériences from « emotional intelligence » and « nature expedition » workshops (Ministry of Labour)** with **Macarena-Paz Celume**, PhD in Psychology, LaPEA University of Paris & **Omar Kamara**, educational coordinator, CRI – University of Paris.

2:00-3:00 PM

- **Workshop 3. Auditorium (Saint Charles 2, in-person) : Meditation - Caring Presence and Culture of Care in Health** with **Cloé Brami**, Oncologist Doctor , responsible of the course « médecine & méditation » at the University of Paris.

Teacher and PhD student, CRI - Université de Paris, LaPEA; associated researcher at ReSO, University Paul-Valéry, Montpellier.

3:00-4:00 PM

- **Workshop 4. Auditorium (Saint Charles 2, in-person): Development of social and emotional competencies in primary school children through a drama pedagogy training: The Emoted Program** with **Franck Zenasni**, Professor of psychology, LaPEA and CRI, University of Paris & **Macarena-Paz Celume**, PhD in psychology, LaPEA University of Paris.

3:00-4:00 PM

- **Workshop 5. room 002-Kouros (online) : Medecine, meditation, storytelling** with **Isabelle Galichon**, PhD in French Literature, associated researcher at EA TELEM (University of Bordeaux-Montaigne) and at the Institut « Médecine Intégrative et Complémentaire » (Bordeaux Hospital) & **François Tison**, Professor and neurologist, University of Bordeaux, Responsible of the «Institut Maladies Neurodégénératives-Clinique » (IMNc), Coordinator of the « Centre d'Excellence Maladies Neurodégénératives » (BIND), Co-founder of the Institut de Médecine Intégrative et Complémentaire.

3:00-4:00 PM

- **Workshop 6. room 003-Caryatides (in-person): Yoga and mindfulness at elementary school : practices and issues in times of transition** with **Ulrika Dezé**, Yoga instructor , PhD student at FAPSE- CIDE Geneva University.

3:00-4:00 PM

- **Workshop 7. room 006-Panathénées (online and in-person): Ecological humanities for a transformative education** with **Angela Biancofiore**, Professor in Italian Studies, ReSO, University Paul-Valéry, Montpellier, **Agata Jackiewicz**, Professor of Language sciences , Vice President in charge of ecological transition, PRAXILING, University Paul-Valéry, Montpellier and **Bénédicte Meillon**, Senior Lecturer, CRESEM, University of Perpignan.

4:00-4:30 PM *break*

**Auditorium (Saint Charles 2)**

**4:30-6:00 PM Plenary panel Covid-19, care, education and health**

(in french with english translation)

**Franck Zenasni** (moderator), Professor of psychology, director of the *Learning science* master degree program (AIRE), LaPEA CRI – University of Paris



**Imane Baïz**, Head of the European project of action research 'Réalise tes rêves' (RtR), 'Outreach & Pedagogy unit', CRI - Université de Paris

**Anne-Lise Dauphiné-Morer**, PhD student at INRAE LaPEA CRI

**Muriel Mambrini**, Research director in charge of the 'Innovation' mission at INRAE's management college, director of the PhD School 'Frontières de l'Innovation en Recherche et Education', CRI University of Paris

**Thursday November 25**

Room : [salles des colloques 1](#)

8:45-9:15 AM *A sophrological break to concentrate and revitalize* with **Anne Latger**, University Paul-Valéry, Montpellier [salles des colloques 1](#) (in french)

8h45 - 9h15. *Gently waking up body and mind* with **Patrizia Tavormina**, Université de Montpellier, [room 002-Kouros](#) (in english)

9:30-10:30 AM ***Education for the Future***

**Keynote Q&A** with **Satish Kumar**, Founder of Schumacher college, writer and journalist, chief editor of *Resurgence & Ecologist* magazine (UK)  
(moderator : A. Biancofiore)(in english with french translation)

10:30-11:00 AM *break*

11:00AM-12:30 PM **Plenary Panel [Narratives of the Anthropocene: Feedback on the Econarrative international research-action project \(MSH-SUD\)](#)**

(in french with english translation)

Moderator : **Julien Mary** (Maison des Sciences de l'Homme de Montpellier)

*Speakers :*

- **Angela Biancofiore**, Professor in Italian studies, ReSO University Paul-Valéry, Montpellier
- **Clément Barniaudy**, Lecturer in geography, LIRDEF, University of Montpellier
- **Vittorio Valentino**, PhD. in Italian studies, ReSO, assistant Professor at La Manouba de Tunis, University (Tunisia)
- **Carla Benaglio**, teacher and researcher, Vice President of the "Centro de Desarrollo Educacional", Universidad del Desarrollo Santiago, Chile, Faculty of Medecine and **Laura Menatti**, post-PhD researcher, Philosophy department, University of Pays Basque, UPV/EHU (San Sebastián), Spain.
- **Hélène Souchu**, Palliative care doctor and **Cloé Brami**, CRI University of Paris.
- **Annette Vernazobres**, Professor in French literature (Collège Jacou), PhD student
- **Marco Ubbiali**, PhD., teacher and researcher in educational sciences, University of Verona (Italy)

12:30-14:00 PM *Lunch break*

## Concurrent workshops

2:00-4:00 PM

- Workshop 8. Room : salle des colloques 1 (in-person) : **Reconnecting to the living-relational transition workshop** with **Marianne Claveau**, Trainer-facilitator, Erasme, OR2D University of Clermont Auvergne, University Paul-Valéry, Montpellier and **Clément Barniaudy**, Associate Professor in Geography, LIRDEF, UM

2:00-4:00 PM

- Workshop 9. room 002-Kouros (in-person) : **Forum theater. Teaching : an opportunity to meet in humanity?** with **Françoise Morato-Lallemand**, Lecturer at Faculté des Sciences, University of Montpellier, and **Laurène Granette**, Actress and trainer, 'Étincelle' cultural association, Montpellier.

2:00-4:00 PM

- Workshop 10. room 007-Médicis (in-person): **Ecoformation and care in a reciprocal loop or how the world takes care of us** with **Orane Bischoff**, engineer, institut Agro Florac & PhD student LIRDEF UM, and **Pascal Galvani**, Professor Emeritus, UQAR Centr'ERE (Canada).

3:00-4:00 PM

Workshop 11. room 006-Panathénées (in-person): **Taking care without ego, what the non humans teach us** with **Muriel Mambrini**, Research director at INRAE CRI, & **Anne-Lise Dauphiné-Morer**, PhD student INRAE LaPEA CRI University of Paris.

3:00-4:00 PM

- Workshop 12. room 003-Caryatides (in-person): **Forest schools in France : a reinvention of the nature facilitation with a new pedagogical approach, the pedagogy by nature (PPN)** with **Roland Gérard**, co-founder of the « École & Nature » (REN) network and of the « Collectif Français pour une Education à l'Environnement vers un Développement Durable » (CFEEDD), member of the administrative board of the « Réseau de Pédagogie par la Nature » (RPPN).

3:00-4:00 PM

- Workshop 13. room 006-Panathénées (in-person): **Emotional capital, creativity and transformational learning: collaborative pedagogy and mindfulness practice for wellness**, with **Bénédicte Gendron**, Professor of educational sciences, LIRDEF, University Paul-Valéry, Montpellier.

4:00-4:30 break

Room : Salle des colloques 1

4:30-6 :00 PM **Plenary Panel : Care and environmental education**

(in french with english translation)

Moderator : **Clément Barniaudy**, Lecturer in geography, LIRDEF, University of Montpellier & **Orane Bischoff**, engineer at institut Agro de Florac & PhD student LIRDEF, University of Montpellier.

*Speakers :*

- **Jean-Marc Lange**, Professor in educational sciences, LIRDEF, University of Montpellier
- **Dominique Cottreau**, coordinator of the Éducation à l'Environnement en Bretagne (REEB) network, PhD in educational sciences, associate professor, IUT Université de Tours
- **Roland Gérard**, co-founder of the Ecole & Nature (REN) network and of the Collectif Français pour une éducation à l'environnement vers un développement durable (CFEEDD)
- **Marjorie Madeo**, Teacher of french literature at collège-lycée français Saint-Louis de Stockholm (Sweden), member of 'Enseignants pour la Planète' (EPLP)

**Friday November 26**

Room : salle des colloques 1

8:45-9:15 AM *Gently waking up body and mind* with **Patrizia Tavormina**, University of Montpellier (in english)

8:45-9:15 AM *Yoga session* with **Ulrika Dezé**, University of Genève (in french)

9:30-10:30 AM **Happy Schools : caring for oneself, for others and for the planet**

**Keynote Q&A** with **Tho Ha Vinh**, PhD in educational sciences at University of Geneva, founder of Eurasia Learning Institute for Happiness and Wellbeing, founder of NGO 'Eurasia Foundation', co-founder and former director of programs at the Centre of Gross National Happiness in Bhoutan.

(moderator: **Marianne Claveau**)

10:30-11:00 AM *break*

11:00AM-12:30 PM **Plenary Panel Care and social-emotional education**

Moderator: **Madeleine Voga**, Senior Lecturer, ReSO, University Paul-Valéry Montpellier

*Speakers :*

- **Juan Adroher**, PhD student and teacher ReSO, University Paul-Valéry, Montpellier
- **Fatima Tamayo**, Neuropsychologist, associate professor in neuroeducation, University of Valladolid, Campus de Yutera, Palencia (Spain)



- **Kimberly Schonert-Reichl**, Professor of psychology, SEL Chair, University of Chicago, Illinois (USA)
- **Federica Valbusa**, PhD in educational sciences, researcher and teacher, University of Verona (Italy)
- **Angela Biancofiore**, Professor, ReSO, University Paul-Valéry, Montpellier

12:30 AM–2:00 PM *break*

2:00–4:00 PM

***Non violent communication, care and education***

**Keynote Q&A** with **Catherine Schmider**, trainer, national coordinator of the Déclic - CNV & Education association (in french with english translation)  
(moderator: **Juan Adroher**, PhD student and teacher, ReSO)

4:00–4:30 PM *break*

4:30–6:00 PM **Closing conference**